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# MICHAEL LAMYMAN

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## PROFILE

Michael Lamyman MA (Cantab.) MBBS FRCSplast Dip Hand Surgeon

I have been a Consultant Plastic Surgeon since 2014, with specialist interests in trauma, hand surgery and limb reconstruction, based at Oxford University Hospitals NHS Foundation Trust and Royal Berkshire Hospital NHS Foundation Trust.

I undertake private practice and medicolegal work in Oxford, Reading, Henley and London

I am on the UK GMC Specialist Register: 6028495

I am a full member of the British Society for Surgery of the Hand (BSSH) and the British Association of Plastic Reconstructive and Aesthetic Surgeons (BAPRAS) .

## MEDICAL QUALIFICATIONS

2014: DIPLOMA IN HAND SURGERY (DIP HAND SURG)

Postgraduate qualification awarded by University of Manchester and the British Society for Surgery of the Hand (BSSH) after completing a validated programme of study, course work, and a final examination where knowledge, ability and expertise in hand surgery is demonstrated.

2014: CERTIFICATE OF COMPLETION OF SPECIALIST TRAINING (CCST)

Awarded by the GMC confirming the completion of an approved national training programme in plastic surgery (Oxford/Wessex) and passing the Royal College of Surgeons exit examination in Plastic Surgery (FRCSplast).

2012: FELLOWSHIP OF THE ROYAL COLLEGE OF SURGEONS (FRCS PLAST)

The Fellowship of the Royal College of Surgeons (FRCSplast) examination demonstrates the necessary knowledge, skills and standards have been acquired to practice independently as a consultant within the NHS.

2001: BACHELOR OF MEDICINE BACHELOR OF SURGERY (MBBS)

Undergraduate medical qualification (Imperial College School of Medicine, London)

1998: MASTER OF ARTS (CANTAB.)

Medical Science degree (Christ's College, Cambridge University)

## CONSULTANT PRACTICE

Oxford University Hospitals NHS Foundation trust and Royal Berkshire Hospitals NHS Foundation Trust

The Manor Hospital, Oxford

The Circle Hospital, Reading

One Welbeck Street, London

## TRAINING

2014: Microvascular Surgery Fellowship (Bristol)

2013: TIG Fellowship in Hand Surgery (Oxford)

2007 to 2013: Plastic Surgery Specialty Training programme (Oxford/Wessex)

2005 to 2017: Senior House Officer Plastic Surgery (London, Bristol, Stoke Mandeville)

2003 to 2005: Basic Surgical Training rotation (Oxford)

2002 to 2003: Senior House Officer in Accident and Emergency (London and Oxford)

2001 to 2002: Pre-Registration House Officer (London and Guildford)

## TEACHING AND MEDICAL EDUCATION

### MEDICAL EDUCATION ROLES

- BSSH Instructional Course organising committee (2019 to present)
- Educational supervisor for Foundation and Core Trainees (2014 to present)
- Departmental Educational Lead for Foundation and Core Trainees (2017-2019)

### COURSE FACULTY

- St. Thomas's Cadaveric Hand Trauma Course (London, 2019)
- European Course in Plastic Surgery (Oxford, 2019)
- Combined Management of Open Tibial Fractures Instructional Course (Watford, 2019)

- Oxford Hand FRCS(Orth) Course (Oxford, 2019)
- The Oxford Hand & Wrist Course (Oxford, 2018)
- Thames Valley School of Surgery Cadaveric Flap Dissection Course (Oxford. 2018)
- The Oxford Hand & Wrist Course (Oxford, 2017)
- Oxford Cadaveric Flap Dissection Course (Oxford, 2013)
- Bristol Hand Fracture Fixation Workshop (Bristol, 2013)

## COURSES & MEETINGS ATTENDED

### HAND SURGERY COURSES

- Cadaveric Hand Trauma Course (Faculty) (London, 2019)
- Ultrasound Guided Botulinum Toxin Injection for Spasticity (Birmingham, 2017)
- Instructional Courses, BSSH, Manchester
  - Masterclass in Nerve Surgery (2017)
  - Nerve injury and Compression, Pain and Anaesthesia (2017)
  - Nerve Injury and Compression, Pain and Anaesthesia (2014)
  - Skin and Soft tissue, Infection and Dupuytren's disease (2014)
  - Wrist, Occupational and Medicolegal Aspects (2013)
  - Congenital, Neoplasia, Ganglia (2013)
  - Tendon Injury, Paralysis and Rehabilitation (2012)
- AO Hand and Wrist Fixation (Leeds, 2013)
- Advanced Skills in Hand and Wrist Surgery (London, 2013)
- Hand Fracture Fixation Course (Leicester, 2006)
- AO Hand Fracture Fixation Course (Leeds, 2006)
- Dissection of the Upper Limb and Hand (Windsor, 2006)

### MEDICOLEGAL

- Bond Solon Excellence in Written Evidence (London, 2018)

## LIMB RECONSTRUCTION

- Management of Open Tibial Fractures Instructional Course (Faculty) (Watford, 2019)
- BAPRAS Advanced Course: Limb Reconstruction (Manchester, 2018)
- BAPRAS Advanced Course: Limb Reconstruction (Manchester, 2014)
- Masterclass in Lower Limb Reconstruction (Edinburgh, 2014)
- Flap dissection course: Lower Limb and Upper Limb (Oxford, 2013)
- BAPRAS Advanced course: Limb reconstruction (Manchester, 2011)
- Northwick Park Hospital Microsurgery Course (London, 2006)

## GENERAL PLASTIC SURGERY COURSES

- European Course in Plastic Surgery (Faculty) (Oxford, 2019)
- Canniesburn FRCS(Plast) revision course (Canniesburn, 2012)
- West Midlands Advanced Plastic Surgery Course (Birmingham, 2012)
- BAPRAS Advanced Course: Craniofacial (Manchester, 2010)
- ORBS Essential Breast Oncology (Nottingham, 2011)
- BAPRAS Advanced Course: Skin & Sarcoma (Manchester, 2010)
- BAPRAS Advanced Course: Head & Neck (Manchester, 2009)
- Core Skills in Plastic Surgery, Royal College of Surgeons (London, 2006)

## NATIONAL AND INTERNATIONAL MEETINGS

- UK Upper limb Spasticity meeting (Leeds, 2019)
- International Symposium on Spasticity of the Hand (Venice, 2019)
- Buckinghamshire Hand Symposium (Stoke Mandeville, 2018)
- International Symposium on Spasticity of the Hand (Paris, 2017)
- British Association of Plastic Reconstructive and Aesthetic Surgeons (London, 2018)
- British Society for Surgery of the Hand (London, 2018)

- British Association of Plastic Reconstructive and Aesthetic Surgeons (London, 2017)
- European Society of Plastic Reconstructive and Aesthetic Surgery (Edinburgh, 2014)
- British Society for Surgery of the Hand (London, 2013)
- Royal Society of Medicine Master Class in Congenital Hand Surgery (London, 2013)
- British Society for Surgery of the Hand (Harrogate, 2013)
- British Association of Plastic Reconstructive and Aesthetic Surgeons (2012)
- British Association of Plastic and Reconstructive and Aesthetic (2011)

#### MANAGEMENT AND LEADERSHIP

- Departmental Lead for Ionising Radiation Medical Exposure Regulations (2016 - )
- Departmental Educational Lead for Foundation and Core Trainees (2017-2019)
- Oxford University Hospitals NHS Foundation Trust Future Leaders Programme (2016)

#### QUALITY IMPROVEMENT PROJECTS

2014: Introduced robust governance policies and training procedures relating to surgeon operated mini c-arm to ensure Ionising Radiation Medical Exposures Regulation (IRMER) compliance.

2015: Introduced "paperlite" concept to Hand and Plastics Trauma Clinic designing and implementing the use of a customised Electronic Patient Record Form to improve standard of record keeping and enhance communication.

2016: Designed and set up a minor procedure room to Hand and Plastic Trauma Clinic, securing funding for equipment including mobile light source and diathermy.

2016: Introduced a 7-day a week MDT Trauma handover meeting to improve organisation and communication of plastic surgery trauma.

## RESEARCH

### PUBLICATIONS

"Time to initial debridement and wound excision (TIDE) in severe open tibial fractures and related clinical outcome: A multi-centre study." Injury. October 2018, 1922-6.

"Hair thread tourniquet syndrome in a male infant: a rare surgical emergency." BMJ Case Reports. November 2017.

"Systematic review: Predicting adverse psychological outcomes after hand trauma." Journal of Hand Therapy. December 2017, 407-19.

"Low energy open ankle fractures in the elderly: Outcome and treatment algorithm." Injury. March 2017, 763-9.

"Local recurrence and lymph node metastasis in deep soft tissue leiomyosarcoma of the extremities." Clinical Sarcoma Research. August 2011, 7.

"Foreign body migration within the flexor sheath." Journal of Hand Surgery (Eur Vol). September 2010, 595-7.

"Diagnosis and management of an expanding post-traumatic cyst of the hip and groin." Journal of Plastic Reconstructive and Aesthetic Surgery. October 2009, 394-7.

"Too close for comfort: accidental burn following subcutaneous mastectomy and immediate implant reconstruction." Journal Royal Society of Medicine. January 2008, 39-40.

"Review of the emergency management of severe burns (EMSB) course." Burns. May 2006, 39.

"Delays to the definitive surgical management of elderly patients with pretibial lacerations." Journal of Wound Care. October 2006, 422-4.

"Cerebrotendinous xanthomatosis presenting with bilateral Achilles tendon xanthomata." Skeletal Radiology. February 2007, 171-5.

"A presentation of renal colic due to traumatic displacement of an intra-renal calculus into the ureter following a vertebral fracture." British Medical Journal. May 2005, 331.

"Small bowel obstruction secondary to intestinal schistosomiasis." Transactions of Royal Society of Tropical Medicine and Hygiene. September 2006, 885-7.

"Frequency and dysuria in pregnancy: UTI or life threatening haemorrhage." Emergency Medicine Journal. December 2005, 909-1.

## BOOK CHAPTERS

Lamyman and Dunn. Tendon. In Warwick and Dunn editors. Oxford Clinical Hand Book in Hand Surgery. Oxford University Press 2018

Lamyman and Dunn. Tumours. In Warwick and Dunn editors. Oxford Clinical Hand Book in Hand Surgery. Oxford University Press 2018

## CERTIFICATATIONS

- IRMER operator certification: Oxford University Hospitals NHS Trust 2015
- Good Clinical Practice (GCP): National Institute for Health Research 2014
- Retrieval Master Class: NHS Blood & Transplant/British Transplant Society 2013
- Advanced Trauma Life Support (ATLS): Royal College of Surgeons England 2013
- Advanced Paediatric Life Support (APLS): 2008
- Emergency Management of Severe Burns (EMSB): 2005

## OUTSIDE INTERESTS

Triathlon: Completed Henley (2009), Orca Classic (2010), Reading (2010) and UK Ironman 70.3 (2011)

Running: Completed Oxford Town & Gown (2006,2007,2008,2010, 2016, 2017); Eynsham 10K (2008); Stratford-upon-Avon Half (2005); Windsor half (2006), Great North Run (2008), Reading Half (2010); Oxford Half (2016, 2017); Virgin London Marathon (2010)

Rugby (1994 -2002): Part of successful school, County and University rugby teams representing Devon and South West Schools, United Hospitals and Cambridge University

Rowing (1995-1997): Member of Christ's College Cambridge 1st and 2nd VIII's

Athletics (1995-1998): Represented Cambridge University in 100m, 200m and relay achieving Half Blue

Diving: PADI rescue diver qualification in 2004